

## **GETTING STARTED**

QUICK START GUIDE

- 1. Pull up the latch to open the ice box lid. Fill the Control Unit with as much ice as possible and water, to 1" from the lip of the ice box. Close lid securely.
- 2. Connect the AC adapter to the Control Unit, then plug into an electrical outlet.
- 3. Apply the Wrap to the injured area and secure.
- 4. Attach the Connector Hose first to the Wrap, then to the Control Unit.
- **5.** Press the Power (Φ) button.
- **6.** If you have a **Standard Unit**, press the Pressure ( and Time ( ) (+ ) Buttons to adjust the pressure and time settings.

If you have a Pre-Programmed Unit, the system will default to Pre-Set Program 1, which will run for 30 minutes, then will turn off (sleep) for 30 minutes at no compression. Each Program will continue the pre-set 30/30 on/off cycle indefinitely. Press the Timer (19) button to scroll through the Programs:

Pre-Set Program 1 30 minutes on with no pressure 30 minutes in sleep mode

30/30/No Pressure

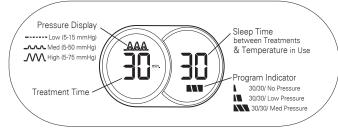
Pre-Set Program 2 30 minutes on with low pressure. 30 minutes in sleep mode

30/30/Low Pressure

Pre-Set Program 3 30 minutes on with medium pressure. 30 minutes in sleep mode

30/30/Medium Pressure

If you press the timer button once, you will be in Pre-Set Program 2, and if you press the timer button twice, you will be in Pre-Set Program 3. Please Note: If you press the timer button three times, you will be in Manual Mode. The Control Unit will be set for a 15 minute treatment at low compression. You can select the pressure and time settings to adjust your treatment. Press the timer button once more to toggle through the elapsed time setting. One more press of the timer button will bring you back to Pre-Set program 1.



PRE SET PROGRAM DISPLAY (For Pre Programmed Units only)

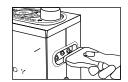
7. Start with the temperature knob turned to maximum cold (3 Snowflakes).

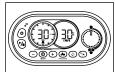
Adjust temperature as necessary. Select pressure and time settings.

8. Press the Start () button.













Note: If you are using a Wrap for the first time, or if the Wrap has not been used recently, you may need to prime the Wrap. Please see page 8 of the Control Unit User's Manual for details.

Warning: Federal law restricts this device to sale by or on the order of a licensed healthcare practitioner. Improper placement or prolonged use of Game Ready could result in tissue damage such as frostbite. Follow the recommendations of your health care practitioner. Discontinue use immediately if you experience burning, itching or increased pain and swelling. Monitor the skin receiving cold therapy frequently and discontinue use if changes such as blisters, increased redness, discoloration or welts occur.

Caution: Handle the Control Unit with the same care as you would a laptop computer. Do not drop it, kick it or otherwise abuse it unnecessarily. Such abuse may void all Game Ready warranties.

**Error Icons:** 







See page 4 of the Users Manual for additional warnings and contraindications.

See pages 18 and 19 of the User's Manual for the Troubleshooting Guide.